

# REGENERATIVE AUDIOSCAPES

## *Report of the audio practice*

by Alice Pontiggia

My work with audio originates from the will to review my musical education, spanning from body-based / play-based engagement with rhythm, other people and instruments, to group and individual public performances of “classical” music repertoire.

To subvert my approach to the discipline, I started to use a digital recorder. During the field visits to the sites in which the archival research was indicating the presence of prehistoric habitation, the super power of hyper hearing offered by the technological device gives me an instant and very clear understanding of the place - sometimes on the edge of vanishing my Self in favour of the outer sonic geography, sometimes attending the one co-created by the time and space I occupy with my body and my inner sensations.

The creative process begins while recording, with the intentional act of listening and being or moving in the environment. The process of composition stems from imagination and the desire of creation. It moves among non-human and anthropic agents’ sounds indiscriminately and involves the addition of instruments’ recordings or third parts audios.

~~~~~

Regenerative audioscapes are created with the aim of disrupting recosmization in the modern individual through the act of listening.

These compositions represent the reconstruction of possible prehistoric mesologies, the portrayal of sacred geographies, or the possibility of living a mythological journey, through audio.

This work aims to create sonic narratives able to impact the flesh sensorium of the listener, provoking in them a shift in inner-skin and outer-skin perception.

By receiving a new imprint in the physical and auditory memory, the listener's body will be able to access a new form of feeling, and potentially reproduce it beyond the listening time.

The modern individual is transported to another space-time dimension that will possibly influence its form of worldmaking, moving from individual catharsis into collective change.

## ***Pelada***

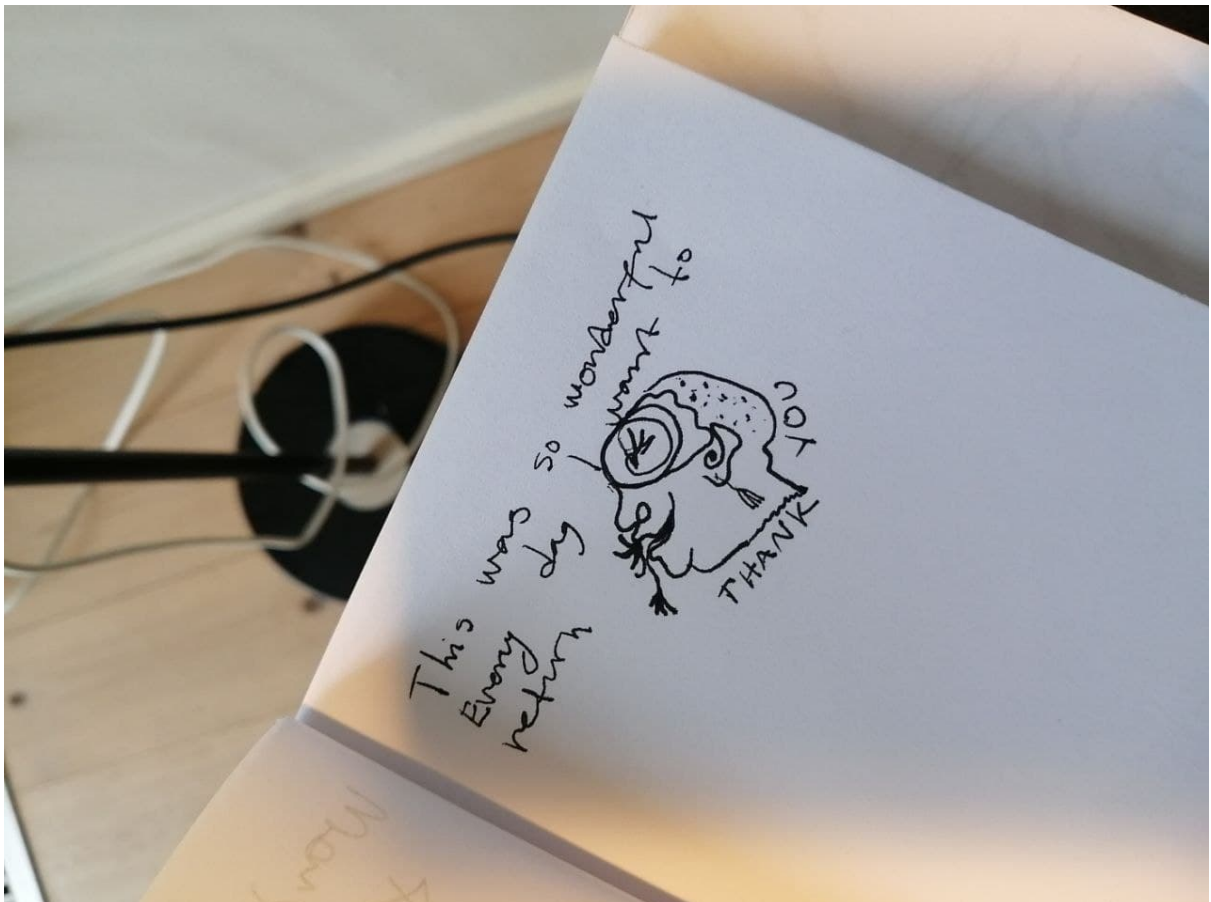
During the 2021 [Rundgång](#), held at Kungl. Konsthögskolan during the 12th and 13th November, I installed the audio piece *Pelada* on a mechanic massage armchair in the school library.

The coupling of the audio piece with the massage creates an ***Amplified regenerative audioscape***.

Through a technical sensorium, the body of the listener is activated and the regenerative experience of listening is enhanced at deeper physical levels.

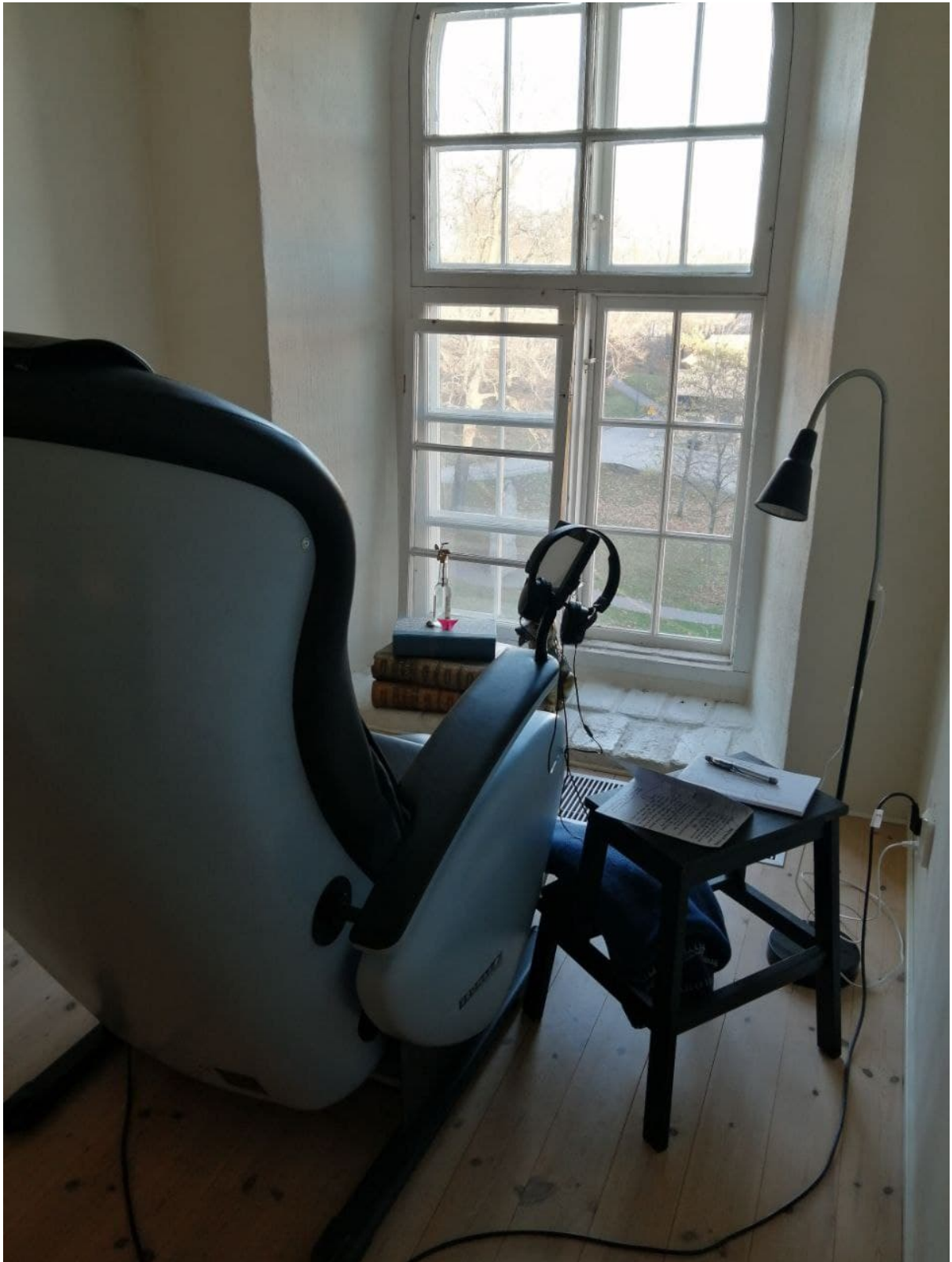
The piece [Pelada I II III](#) is an audio of 17'45" made of three compositions of 6'38", 6'01" and 4'42".

In the piece *Pelada II*, an invocation executed by the Mayan Tseltal philosopher Juan López Intzín is sampled.



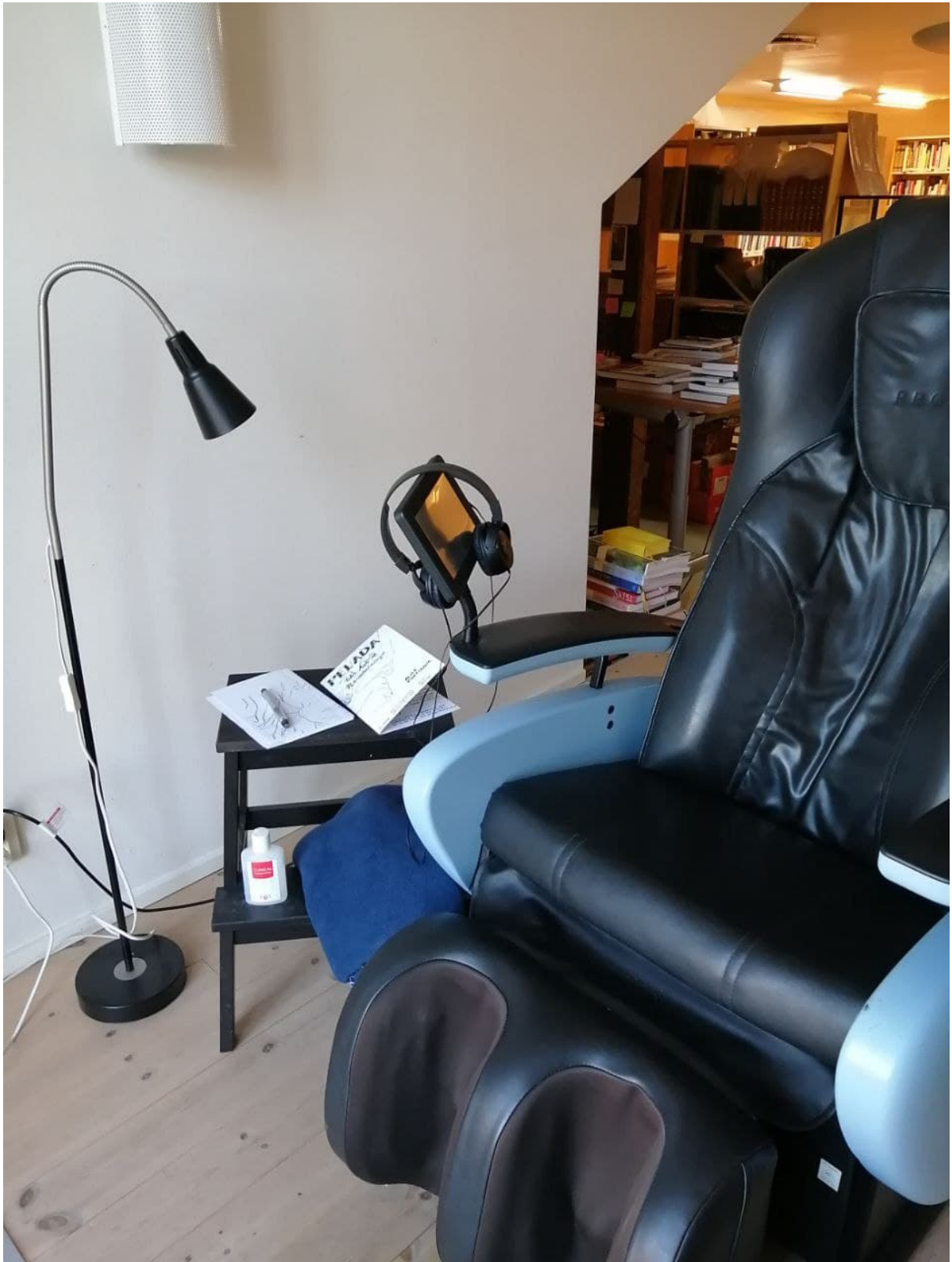
**DOCUMENTATION**





*The Act of Recosmizing* Project by Alice Pontiggia [alicepontiggia@protonmail.com] is licensed under [CC BY-NC-SA 4.0](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Developed in the frame of DAAS course at Kungl. Konsthögskolan ~ April 2022





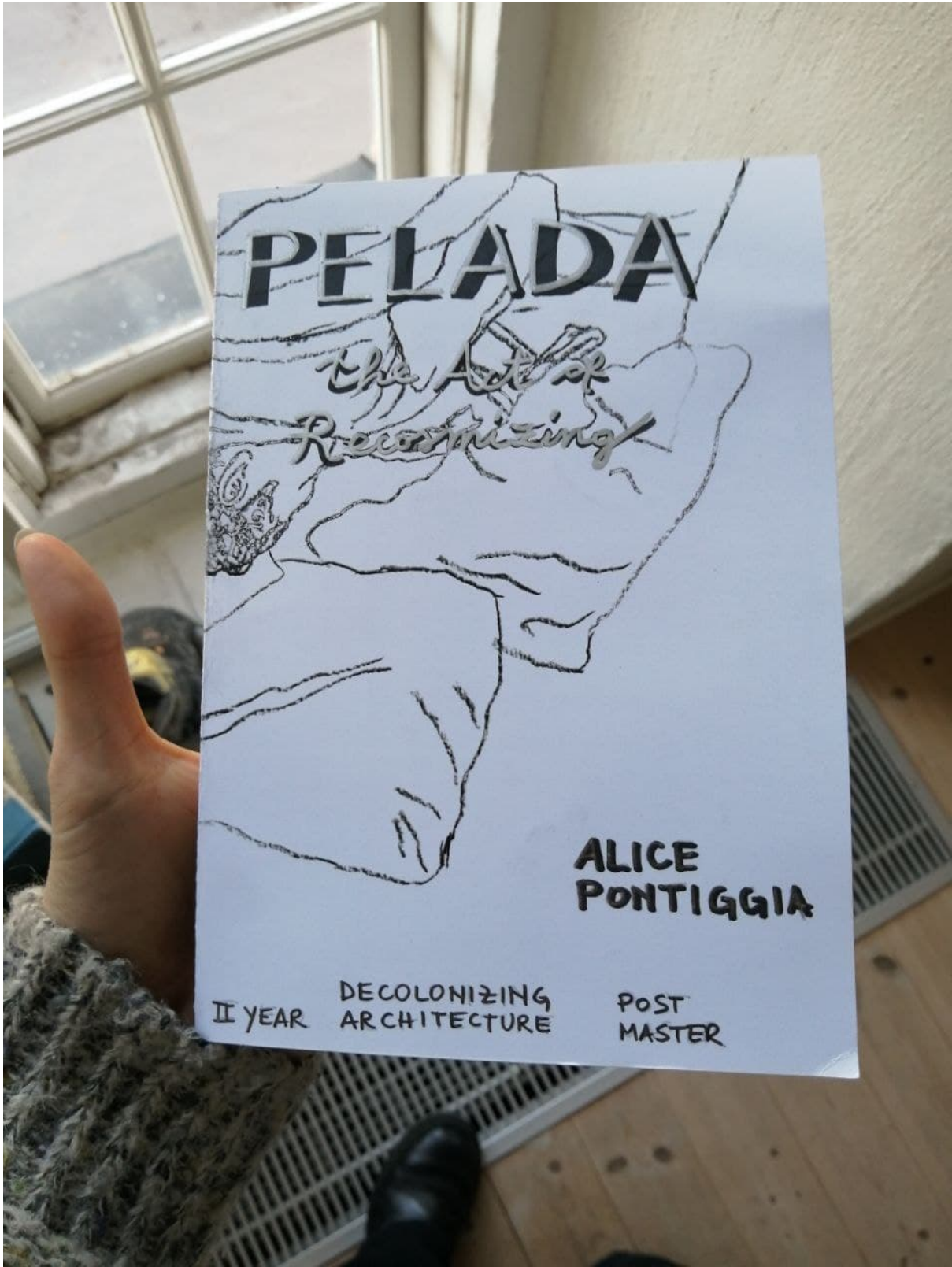
*The Act of Recosmizing* Project by Alice Pontiggia [alicepontiggia@protonmail.com] is licensed under [CC BY-NC-SA 4.0](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Developed in the frame of DAAS course at Kungl. Konsthögskolan ~ April 2022



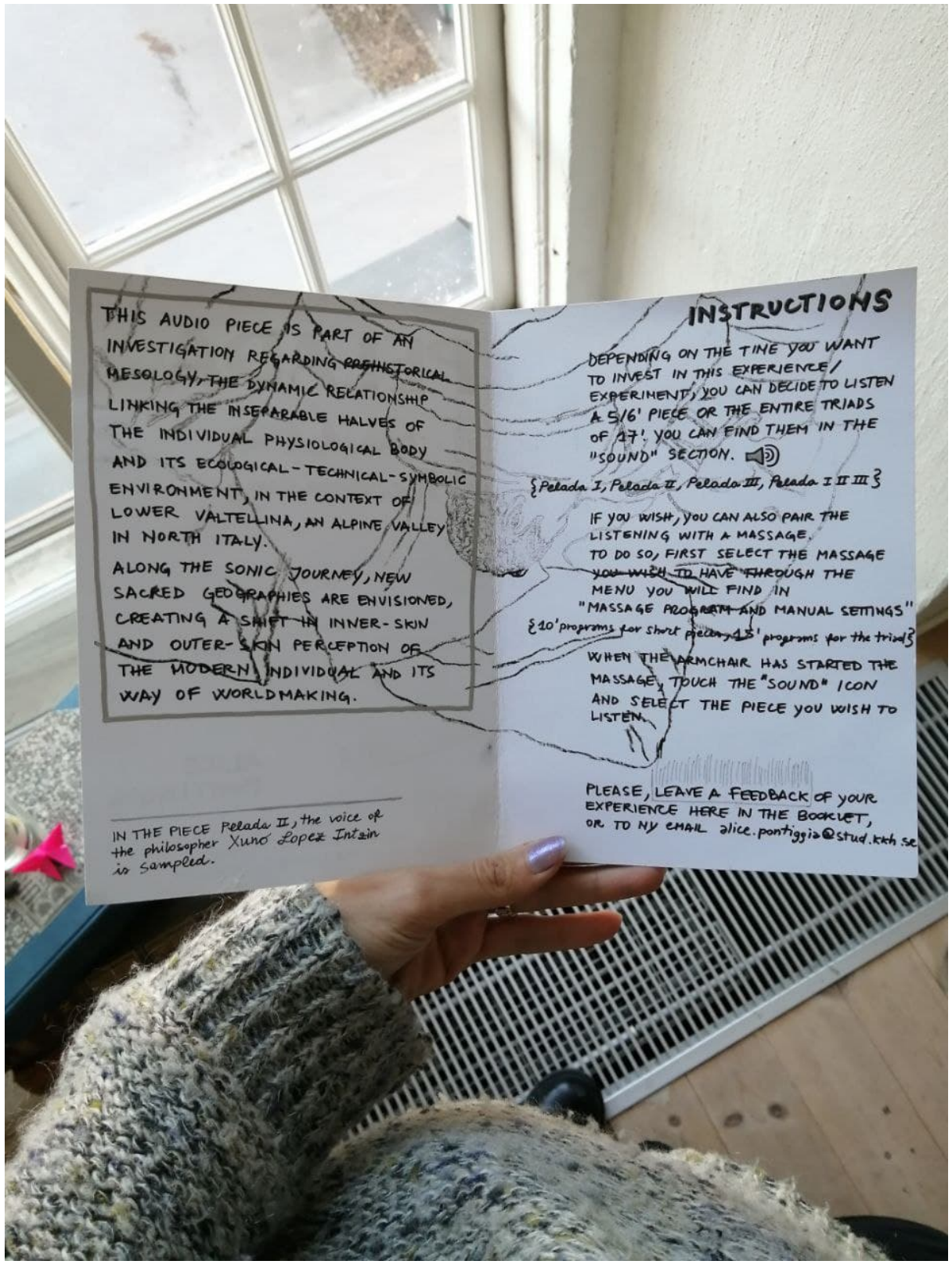
The Act of Recosmizing Project by Alice Pontiggia [alicepontiggia@protonmail.com] is licensed under [CC BY-NC-SA 4.0](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Developed in the frame of DAAS course at Kungl. Konsthögskolan ~ April 2022



The Act of Recosmizing Project by Alice Pontiggia [alicepontiggia@protonmail.com] is licensed under [CC BY-NC-SA 4.0](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Developed in the frame of DAAS course at Kungl. Konsthögskolan ~ April 2022




THIS AUDIO PIECE IS PART OF AN INVESTIGATION REGARDING PREHISTORICAL MESOLOGY, THE DYNAMIC RELATIONSHIP LINKING THE INSEPARABLE HALVES OF THE INDIVIDUAL PHYSIOLOGICAL BODY AND ITS ECOLOGICAL-TECHNICAL-SYMBOLIC ENVIRONMENT, IN THE CONTEXT OF LOWER VALTELLINA, AN ALPINE VALLEY IN NORTH ITALY.

ALONG THE SONIC JOURNEY, NEW SACRED GEOGRAPHIES ARE ENVISIONED, CREATING A SHIFT IN INNER-SKIN AND OUTER-SKIN PERCEPTION OF THE MODERN INDIVIDUAL AND ITS WAY OF WORLDMAKING.

IN THE PIECE *Pelada II*, the voice of the philosopher Xunzi Lopez Intzain is sampled.

## INSTRUCTIONS

DEPENDING ON THE TIME YOU WANT TO INVEST IN THIS EXPERIENCE / EXPERIMENT, YOU CAN DECIDE TO LISTEN A 5/6' PIECE OR THE ENTIRE TRIADS OF 17'. YOU CAN FIND THEM IN THE "SOUND" SECTION. 

{*Pelada I, Pelada II, Pelada III, Pelada I II III*}

IF YOU WISH, YOU CAN ALSO PAIR THE LISTENING WITH A MASSAGE. TO DO SO, FIRST SELECT THE MESSAGE YOU WISH TO HAVE THROUGH THE MENU YOU WILL FIND IN "MESSAGE PROGRAM AND MANUAL SETTINGS"

{20' programs for short pieces, 45' programs for the triads}

WHEN THE ARMCHAIR HAS STARTED THE MASSAGE, TOUCH THE "SOUND" ICON AND SELECT THE PIECE YOU WISH TO LISTEN.

PLEASE, LEAVE A FEEDBACK OF YOUR EXPERIENCE HERE IN THE BOOKLET, OR TO MY EMAIL [alice.pontiggia@stud.kth.se](mailto:alice.pontiggia@stud.kth.se)

